

ANNUAL REPORT 2020

I. College:

RVS Siddha Medical College and Hospital (RVSSMCH) was started in the year 2007 with the approval of CCIM under the Ministry of AYUSH and it is affiliated to The T.N.Dr.MGR Medical University. RVS Siddha Medical College and Hospital received conditional permission vide F.No.P-14014/3/2020-EP(1) dated 11-11-2020 for the academic session 2020-21. The approved annual admission intake of student strength for BSMS is 30 seats.

II. UG Student's strength:

I Professional – 26

II Professional – NIL

III Professional – 25

IV Professional – 29(2017-18) & 28 (2016-17)

Interns - 28

III. RVSSMCH has organised two CME for the academic session 2019-20:

1. CME on “COVID-19 Management through Siddha system of Medicine – Clinical Management and Research Prospective” by PothuMaruthuvam Department

RVS Siddha Medical College and Hospital organized a CME on “COVID-19 Management through Siddha system of Medicine – Clinical Management and Research Prospective” on 18-12-2020 at YOGA Hall of RVS Siddha College. About 60 UG students and 15 faculty members participated in the CME. After the inaugural session by Prof.Dr.G.Kavitha, then principal, the first session started by Dr.B.SathiyaThilaga, M.D(S), Assistant Professor for delivering lecture on “Signs and Symptoms of COVID-19 and its management in Siddha”, Second session on “Dr.K.Mathan, M.D(S), Assistant Professor on “External Therapy Management in COVID-19”. Third session started by Mrs.MCE.Leema, M.Sc., M.Phil, Assistant Professor on “Laboratory Test for COVID-19” followed by Dr.K.Shanmugam, M.D(S), AMO, ESI Hospital, Coimbatore on “ Siddha Management of COVID-19 in COVID Centre. Finally Mr.M.Subramanian, M.Sc.,PGDHA, Biostatistician presented on “Research in COVID-19”. All Resource Persons delivered lecture using PPT. Seating arrangements made by maintaining social distance. The outcome has good impact amongst students for their knowledge and practice. Many students and faculty members interacted with Resource Persons for clarity on medicines that are being used in treating Covid-19 patients and Government

notifications issued from time to time. Dr.L.Naansi Agnes, M.D(S) proposed vote of thanks.

2. RVS Siddha Medical College and Hospital organized a **Continuing Medical Education programme on “Recent Trends, Laws and Characterization Techniques for Siddha Drugs”** on 06.01.2021- Wednesday at the Seminar Hall. Inaugural address was delivered by **Prof.Dr.R.S.Ramaswamy, Director(Siddha)**. UG students, faculty members and Medical Officers participated in the CME programme. The First lecture was delivered by **Dr.S.Saraswathy**, Lecturer, on **“Qualitative analysis and phytochemical studies --an overview”** followed by **Prof.Dr.P.Azhagarasi**, on **“ Legal status and laws pertaining to Siddha drugs”**, **Dr.L.NaansiAgnes**, Lecturer, on **“Introduction on Experimental pharmacology”**, and the last lecture by **Mr.S.Jegadeesh**, Assistant Professor of RVS College of Pharmaceutical Sciences on **“Characterization techniques in phytopharmaceutics”**. Dr.S.Saraswathy, lecturer, proposed a vote of thanks. During the entire programme the COVID-19 guidelines were scrupulously followed by all.

IV. Final year examination:

Final year examination – October, 2020 was held in the month of December 2020. Out of 32 students appeared for examination, 28 passed and qualified for BSMS degree. All the passed students registered in the Tamil Nadu Siddha Medical Council and commenced their internship in the month of March 2021.

V. Internship completion:

Out of 22 interns undergone internship during 2019-20, 21 have completed internship and received their 2nd Provisional certificates.

VI. 3rd Siddha Day:

RVSSMCH has submitted three Research Proposals on the eve of 3rd Siddha Day celebration notification from Central Council for Research in Siddha (CCRS) during the month of December 2019. Of which one proposal entitled “Evaluation of AmmaMagaperuSanjeeviPetagamduring delivery and in lactating women” was **selected for Research grant** of Rs.10000/- on 13.01.2020 during 3rd Siddha day celebration at Chennai by CCRS. Four Faculty members and 50 students participated in the 3rd Siddha day celebration in Chennai from our college. Students had presented three posters on various topics on the theme of Siddha Science for Preventive and Promotive Health at the celebration organised by CCRS and NIS. Our students in the Siddha Day Dance competition and won first prize also.

3rd Pre-Siddha day events:

Faculty member participated in the Pre-Siddha Day event on 8-1-2020 organised by Government Siddha Medical College, Palayamkottai.

VII. 4th Pre-Siddha day events:

RVS Siddha Medical College and Hospital also participated in the 4th Pre-Siddha Day event - NATIONAL WEBINAR ON SIDDHA FOR COVID-19 on 31-12-2020 collaborating with Siddha Clinical Research Unit, Bengaluru (CCRS, Ministry of AYUSH), Government of India. Prof. Dr. R. S. Ramaswamy, Director (Siddha), RVS Siddha Medical College and Hospital delivered a lecture on “PRANAYAMAM & COVID 19”.

VIII. Faculty Member as Resource Person:

On 25/11/2020 Prof. Dr. P. Azhagarasi M.D(s), Reader/vice principal as a Resource person for a webinar on “ Immune Boosters for Preventive Health care in Siddha system of

medicine to combat SARS Cov2” conducted by Institute of Forest Genetics and Tree Breeding Coimbatore.

IX. Faculty/ Students participation – Webinar (Due to COVID-19 pandemic our faculty members and students participated in the virtual programme)

1. Participated in WEBINAR ON COVID-19 WARRIOR training on 5th April 2020 conducted by Ministry of AYUSH
2. Faculty members participated in “AYUSH Master Trainer Training” on 8-4-2020 organised by Ministry of AYUSH
3. Participated in “Role of AYUSH in combating COVID-19 by Vaidhya Rajesh Kotecha, Secretary, Ministry of AYUSH, Government of India on 15-4-2020
4. Participated in “AYUSH Sanjivini mobile application for assessing the AYUSH based measures adopted by public for enhancing immunity in the difficult COVID-19 situations” on 4-6-2020
5. Participated on 12-6-2020 on “Traditional Medicine – A boon for healthy living” organised by Department of Biochemistry, Bharathi Women’s College, Chennai
6. Participated in International Yoga Day on 21-6-2020 and uploaded their yoga sessions
7. Participated in WEBINAR on Indian Medicine for DM and Infectious Diseases organised by National Institute of Siddha and NCNSNT-University of Madras on 25th July 2020
8. Participated on “AYUSH for Immunity booster” on 14-8-2020
9. Participated on “COVID-19 Nutrition and Immunity” on 8-9-2020
10. Participated on “Siddha for Immunity” on 15-9-2020

X. International Conference:

1. One of our student participated and made oral presentation in 2nd International Research Conference & Exhibition on Siddha Medicine (2nd IRCESM-2020) organised by Unit of Siddha Medicine, University of Jaffna and Department of Indigenous Medicine, Northern Province on the theme of “Healthy life through Siddha Medicine” during 5-8 March 2020. Ms.S.R.Madhumitha, III year student presented on “Effects of Superstitious beliefs, old customs & practices on Human Health” in Jaffna University, Srilanka

XI. IEC Meeting

RVS Siddha Medical College and Hospital constituted the Institutional Ethics Committee (IEC) on 29-1-2020 under the chairperson of Dr.Suvetha,M.D.(Community Medicine), Associate Professor, PSG Institute of Medical Sciences and Research, Coimbatore for reviewing and recommending the research proposals for undertaking clinical research. The Standard Operating Procedure has also been prepared and circulated to all members. The

first meeting of IEC was held on 12-2-2020 to review a research proposal entitled “Evaluation of effectiveness of AmmaMagaperuSanjeeviPettagam during Pregnancy and Lactating period” for submitting to CCRS for research grant. The committee recommended and suggested a few points for improving the research work.

XII. Establishment Herbal Garden:

RVS Siddha Medical College and Hospital prepared a project proposal entitled “Establishment of Herbal Garden” for financial assistance from National Plant Board, Ministry of AYUSH, Government of India. The following are the chronological actions for submission to Ministry of AYUSH and follow-up actions.

1. RVS Siddha Medical College and Hospital under RVS Medical Trust submitted the project proposal on 4-11-2020 to Member Secretary, State Medicinal Plant Board, Tamil Nadu Government
2. District Siddha Medical Officer, Coimbatore inspected the field on 3-12-2020 for recommending our proposal and recommended our proposal with inspection report on 4-12-2020
3. RVS Medical Trust registered in State Medicinal Plants Board, Tamil Nadu on 16-12-2020, Serial No.330 and Registration No. TN/SMPB/201
4. NMPB requested to make PPT presentation on 8-1-2020 and Our Executive Director made virtual presentation about our proposal at the 69th Project Screening Committee Meeting
5. Finally, NMPB directed to revise the proposal by separating IEC and Nursery vide letter No.16-02-2021